6 Key RPM and Telehealth Features for Patient Engagement

1 Virtual Visits

Patients are more likely to engage in proactive health and self-disease management when they have the convenience of communicating with their clinician from the comfort of their home. Virtual visits augment in-person care by enabling continuous, collaborative care.

2 Education and Teach Back

Condition-specific education furthers a patient's understanding of the intricacies of their condition, resulting in improved self-management. It helps them understand their critical role in actively managing their own health. Teach back quizzes offer an effective way for the provider to understand the patient's knowledge of their condition and care plan, enabling proactive goal setting.

3 Biometric Monitoring

Through biometric monitoring, providers can monitor the health of their patients in real time. Bluetooth devices allow patients to conveniently track their blood pressure, weight, pulse, blood glucose, temperature activity, ECG, and more, all which help them build a proactive understanding of their health and disease progression.

4 Symptom Surveys

Regular completion of symptom surveys enables patients to stay abreast of their condition as it changes, and consequently, improves their understanding of trends in their condition over time. This helps the patient to know when a symptom is emergent or not, and what to do if they experience an exacerbation.

5 Medication Reminders

Medication compliance is essential for positive disease management and health outcomes. Medication reminders serve as an effective way to help patients understand which medication they need to take and when, helping them avoid missed medications and/or medication errors.

6 CaregiverConnect

When the caregiver is engaged in the care plan, they can assist the patient with care plan compliance and self-symptom management. CaregiverConnect, available on iOS and Android, incorporates the patient's caregiver(s), and other loved ones into the telehealth program, providing a holistic approach to managed care.

"The sky's the limit for the diseases that we can help a patient learn how to manage."
— Ann Hall, Virtual Care and TeleMed Manager, 3HC